



THE BARN

www.thebarnstanway.co.uk

Served Monday - Saturday

12pm - 3pm

LUNCH

All our food is freshly made in our kitchen with locally sourced, seasonal ingredients.

CHEF'S SPECIALS

We like to keep it fresh!

Please see the Chef's Specials Menu for the finer details...

"HOT FROM THE POT" 14.95

Hearty Comfort Food

QUICHE OF THE DAY 12.95

Individual Prepared Quiche, Served Warm from the Oven

THE BARN BURGER  14.95

Fresh, Stacked and Delicious!

CAFÉ CLASSICS

BEER BATTERED FISH & CHIPS  15.95

Beer Battered Haddock, Chips, Garden Peas, Tartare Sauce

HAM, EGG & CHIPS  12.95

Home Cooked Ham, Fried Eggs & Thick Cut Chips

BUDDHA BOWL    12.95

Roast Beetroot, Crispy Kale, Wholegrain Rice, Avocado, Edamame Beans, Slaw, Tabini Dressing
add Feta Cheese £2.50 | add Grilled Chicken £3.00
add Hot Smoked Salmon £3.00

ROAST BUTTERNUT SQUASH SALAD   12.95

Roast Butternut Squash, Baby Spinach, Feta, Couscous, Croutons, Chicory, Greek Yogurt Dressing

WELSH RAREBIT  10.95

Welsh Rarebit, Thick Cut Toast, Little Gem, Walnut & Radish Salad, Sherry Vinaigrette

DELI SANDWICHES

Options below all accompanied by Mixed Leaves and a Honey & Mustard Dressing

OPEN CLUB SANDWICH  10.95

Farmhouse Sourdough, Streaky Bacon, Chicken, Cos Lettuce, Tomato, Soft Boiled Egg, Mayonnaise

SIRLOIN BEEF ON SOURDOUGH  9.95

Lightly Toasted Sourdough, Sirloin Beef, Pickles, Watercress, Horseradish

FISH GOUJON SANDWICH 9.95

Haddock Goujons, Lettuce, Lemon and Chive Mayonnaise

SMOKED SALMON SANDWICH  9.95

Salmon, Cucumber, Watercress, Dill Crème Fraiche

PLOUGHMANS SANDWICH  9.95

Ham, Mature Cheddar Cheese, Apple, Sticky Pickle

THE BARN PLT    8.95

Farmhouse Sourdough, Avocado, Tomato, Roasted Red Pepper, Little Gem Lettuce, Chive Oil

WHY NOT ADD!

Bowl of Thick Cut Chips 3.95

 Gluten free option available on request  Vegetarian  Vegan

Please make your server aware of any allergies or dietary requirements when placing your order. Whilst every effort is made to remove specified allergen ingredients from within our dishes, we do operate a busy, open kitchen environment and therefore we cannot guarantee that all risk of cross-contamination has been removed.





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Served Daily

DRINKS

COFFEE <i>(Decaf Available)</i>	SOFT DRINKS	COCKTAILS/MOCKTAILS
<p>FLAT WHITE 3.50</p> <p>LATTE 3.50</p> <p>CAPPUCCINO 3.50</p> <p>AMERICANO 3.20</p> <p>MOCHA 3.95</p> <p>ICED COFFEE 3.55</p> <p>ESPRESSO 2.25</p> <p>MONIN SYRUP 0.60 <i>Hazelnut, Vanilla, Caramel, Pumpkin Spice</i></p> <hr/> <p>MILK ALTERNATIVES <i>Oat, Coconut, Soya</i></p>	<p>PUNCHY 3.25 <i>Blood Orange, Bitters & Cardamon or Cucumber, Yuzu & Rosemary</i> Lightly sparkling soft drinks, all-natural ingredients and a splash of Vitamin D - to help you catch the sun all year round!</p> <p>DASH WATER 3.25 <i>Raspberry, Lime or Mango</i> British sparkling water infused with real, wonky fruit! A natural lift without the sugar, fake flavours or calories. (plus, by accepting the misfit fruit Dash Water help to fight food waste!)</p> <p>BRECKLAND POSH POPS 3.20 <i>Elderflower, Cloudy Lemonade or Plum & Cherry</i></p> <p>FOLKINGTONS PURE FRUIT JUICE 3.00 <i>Orange, Apple, Mango</i></p> <p>DOUBLE DUTCH GINGER BEER 3.00</p> <p>COCA COLA 3.00 <i>Coca Cola, Diet Coke, Coke Zero</i></p> <p>STILL SPARKLING WATER 2.65</p>	<p>PIMMS 6.95 <i>(25ml 25%)</i></p> <p>APEROL SPRITZ 7.95 <i>Aperol with Prosecco, Soda and orange slices (25ml 11%)</i></p> <p>ORCHARD SPRITZ 7.95 <i>Elderflower, Apple Juice, Prosecco, Rosemary (6.2% abv)</i></p> <hr/> <p>SUNBEAM 4.95 <i>Orange Juice, Grenadine, Lemonade, Rosemary</i></p> <p>APPLE & GINGER MOJITO 4.95 <i>Apple Juice, Ginger Beer, Lime, Mint</i></p>
<p>BREW TEA CO</p> <p>ENGLISH BREAKFAST TEA 3.00</p> <p>GREEN TEA 3.00</p> <p>EARL GREY TEA 3.00</p> <p>MOROCCAN MINT TEA 3.00</p> <p>LEMON AND GINGER TEA 3.00</p> <p>APPLE & BLACKBERRY TEA 3.00</p> <p>DECAFFEINATED TEA 3.00</p>	<p>ALE, LAGER, CYDER</p> <p>SUFFOLK COUNTY CHESTNUT ALE 5.95 <i>(500ml 4%)</i></p> <p>STOUR VALLEY GOLDEN ALE 5.95 <i>(500ml 4.2%)</i></p> <p>NETHERGATE CRAFT LAGER 4.95 <i>(330ml 4.5%)</i></p> <p>BECKS LAGER 4.95 <i>(275ml 4%)</i></p> <p>ALCOHOL FREE BECK'S BLUE 4.95 <i>(275ml 0.5%)</i></p> <p>ASPELL DRAUGHT CYDER 5.95 <i>(500ml 5.5%)</i></p> <p>KOPPARBERG CIDER 5.95 <i>Strawberry & Lime or Tropical Fruit (500ml 4%)</i></p>	<p>WINE</p> <p>PINOT GRIGIO 5.95 <i>Italy (18.7cl 12.5%)</i></p> <p>CHARDONNAY 5.95 <i>Australia (18.7cl 13%)</i></p> <p>SAUVIGNON BLANC 5.95 <i>Chile (18.7cl 13%)</i></p> <p>PINOT ROSÉ 5.95 <i>Italy (18.7cl 12.5%)</i></p> <p>MERLOT 5.95 <i>Chile (18.7cl 13%)</i></p> <p>SHIRAZ 5.95 <i>Australia (18.7cl 13%)</i></p>
<p>HOT CHOCOLATE</p> <p>HOT CHOCOLATE 3.95</p> <p>ULTIMATE HOT CHOCOLATE 4.50 <i>with Whipped Cream, Chocolate Sprinkles and Marshmallows</i></p>		<p>PROSECCO</p> <p>PROSECCO (20cl) 7.95 <i>Italy (75cl) 25.95 (11%)</i></p> <p>PROSECCO ROSÉ (20cl) 7.95 <i>Italy (75cl) 25.95 (11%)</i></p> <p>NOZECO (20cl) 4.95 <i>France</i> Alcohol Free Prosecco</p> <p>NOZECO ROSÉ (20cl) 4.95 <i>France</i> Alcohol Free Prosecco</p>