



# THE BARN

[www.thebarnstanway.co.uk](http://www.thebarnstanway.co.uk)

Served Monday - Saturday

12pm - 3pm

## LUNCH

All our food is freshly made in our kitchen with locally sourced, seasonal ingredients.

### CHEF'S SPECIALS

*We like to keep it fresh!*

*Please see the Chef's Specials Menu for the finer details...*

#### "HOT FROM THE POT" 14.95

*Hearty Comfort Food*

#### QUICHE OF THE DAY 12.95

*Individual Prepared Quiche, Served Warm from the Oven*

#### THE BARN BURGER 14.95

*Fresh, Stacked and Delicious!*

### CAFÉ CLASSICS

#### BEER BATTERED FISH & CHIPS 15.95

*Beer Battered Haddock, Chips, Garden Peas, Tartare Sauce*

#### HAM, EGG & CHIPS 12.95

*Home Cooked Ham, Fried Eggs & Thick Cut Chips*

#### BUDDHA BOWL 12.95

*Roast Beetroot, Crispy Kale, Wholegrain Rice, Avocado, Edamame Beans, Slaw, Tabini Dressing*  
*add Feta Cheese £2.50 | add Grilled Chicken £3.00*  
*add Hot Smoked Salmon £3.00*

#### BRIE AND POACHED PEAR SALAD 12.95

*Breaded Brie, Mulled Wine Poached Pear, Toasted Pecan Nuts, Rocket, Chicory, Honey and Balsamic Dressing*

#### WELSH RAREBIT 10.95

*Welsh Rarebit, Thick Cut Toast, Little Gem, Walnut & Radish Salad, Sherry Vinaigrette*

### DELI SANDWICHES

*Options below all accompanied by Mixed Leaves and a Honey & Mustard Dressing*

#### OPEN CLUB SANDWICH 10.95

*Farmhouse Sourdough, Streaky Bacon, Chicken, Cos Lettuce, Tomato, Soft Boiled Egg, Mayonnaise*

#### PIGS UNDER BLANKETS 9.95

*Lightly Toasted Sourdough, Sausage, Smoked Back Bacon, Red Onion Chutney, Sage Mayonnaise*

#### TURKEY CIABATTA 9.95

*Turkey, Parma Ham, Smoked Applewood Cheddar, Cranberry Sauce*

#### SMOKED SALMON SANDWICH 9.95

*Salmon, Cucumber, Watercress, Dill Crème Fraîche*

#### FISH GOUJON SANDWICH 9.95

*Haddock Goujons, Lettuce, Lemon and Chive Mayonnaise*

#### THE BARN PLT 8.95

*Farmhouse Sourdough, Avocado, Tomato, Roasted Red Pepper, Little Gem Lettuce, Chive Oil*

#### WHY NOT ADD!

*Bowl of Thick Cut Chips 3.95*

 Gluten free option available on request  Vegetarian  Vegan

Please make your server aware of any allergies or dietary requirements when placing your order. Whilst every effort is made to remove specified allergen ingredients from within our dishes, we do operate a busy, open kitchen environment and therefore we cannot guarantee that all risk of cross-contamination has been removed.





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Served Daily

# DRINKS

COFFEE <i>(Decaf Available)</i>	SOFT DRINKS	COCKTAILS/MOCKTAILS
<div><div>FLAT WHITE3.50</div><div>LATTE3.50</div><div>CAPPUCCINO3.50</div><div>AMERICANO3.20</div><div>MOCHA3.95</div><div>ICED COFFEE3.55</div><div>ESPRESSO2.25</div><div>MONIN SYRUP0.60</div><div><i>Vanilla, Caramel, Pumpkin Spice, Gingerbread or Hazelnut</i></div><div>MILK ALTERNATIVES</div><div><i>Oat, Coconut, Soya</i></div></div>	<div><div>PUNCHY3.25</div><div><i>Blood Orange, Bitters &amp; Cardamon or Cucumber, Yuzu &amp; Rosemary</i></div><div>Lightly sparkling soft drinks, all-natural ingredients and a splash of Vitamin D - to help you catch the sun all year round!</div><div>DASH WATER3.25</div><div><i>Raspberry, Lime or Mango</i></div><div>British sparkling water infused with real, wonky fruit! A natural lift without the sugar, fake flavours or calories. (plus, by accepting the misfit fruit Dash Water help to fight food waste!)</div><div>BRECKLAND POSH POPS3.20</div><div><i>Elderflower, Cloudy Lemonade or Plum &amp; Cherry</i></div><div>BARN FARM FRUIT JUICES3.00</div><div><i>Opal Apple, Strawberry &amp; Apple Orange, Blackberry &amp; Apple</i></div><div>Local high-quality, farm-pressed fruit juices from Manningtree!</div><div>DOUBLE DUTCH GINGER BEER3.00</div><div>COCA COLA3.00</div><div><i>Coca Cola, Diet Coke, Coke Zero</i></div><div>STILL   SPARKLING WATER2.75</div></div>	<div><div>MULLED WINE5.95</div><div><i>Warming Red Wine, Citrus fruit Aromatic Spices - Cinnamon, Nutmeg, Cloves</i> (5% abv)</div><div>POINSETTIA7.95</div><div><i>Prosecco, Cointreau, Cranberry Juice</i> (13.8% abv)</div></div>
		<div><div>MULLED PUNCH4.95</div><div><i>Warming Apple &amp; Cranberry Juice, Cloves, Cinnamon</i></div><div>APPLE &amp; GINGER MOJITO4.95</div><div><i>Apple Juice, Ginger Beer, Lime, Mint</i></div></div>
TEA		WINE
<div><div>ENGLISH BREAKFAST3.00</div><div><i>Brew Tea Co</i></div><div>CHAMOMILE TEA3.00</div><div><i>Teapigs.</i></div><div>EARL GREY TEA3.00</div><div><i>Teapigs.</i></div><div>GREEN TEA3.00</div><div><i>Teapigs.</i></div><div>PEPPERMINT TEA3.00</div><div><i>Teapigs.</i></div><div>LEMON &amp; GINGER TEA3.00</div><div><i>Teapigs.</i></div><div>APPLE &amp; CINNAMON TEA3.00</div><div><i>Teapigs.</i></div><div>DECAFFEINATED TEA3.00</div><div><i>Teapigs.</i></div></div>	<div><div>ALE, LAGER, CYDER</div><div>SUFFOLK COUNTY CHESTNUT ALE5.95</div><div><i>(500ml 4%)</i></div><div>STOUR VALLEY GOLDEN ALE5.95</div><div><i>(500ml 4.2%)</i></div><div>NETHERGATE CRAFT LAGER4.95</div><div><i>(330ml 4.5%)</i></div><div>BECKS LAGER4.95</div><div><i>(275ml 4%)</i></div><div>ALCOHOL FREE BECK'S BLUE4.95</div><div><i>(275ml 0.5%)</i></div><div>ASPELL DRAUGHT CYDER5.95</div><div><i>(500ml 5.5%)</i></div></div>	<div><div>PINOT GRIGIO5.95</div><div><i>Italy</i> (18.7cl 12.5%)</div><div>CHARDONNAY5.95</div><div><i>Australia</i> (18.7cl 13%)</div><div>SAUVIGNON BLANC5.95</div><div><i>Chile</i> (18.7cl 13%)</div><div>PINOT ROSÉ5.95</div><div><i>Italy</i> (18.7cl 12.5%)</div><div>MERLOT5.95</div><div><i>Chile</i> (18.7cl 13%)</div><div>SHIRAZ5.95</div><div><i>Australia</i> (18.7cl 13%)</div></div>
HOT CHOCOLATE		PROSECCO
<div><div>HOT CHOCOLATE3.95</div><div>ULTIMATE HOT CHOCOLATE4.50</div><div><i>with Whipped Cream, Chocolate Sprinkles and Marshmallows</i></div><div><i>Add Black Forest Syrup</i>0.60</div></div>		<div><div>PROSECCO (20cl)7.95</div><div><i>Italy</i> (75cl)25.95</div><div><i>(11%)</i></div><div>PROSECCO ROSÉ (20cl)7.95</div><div><i>Italy</i> (75cl)25.95</div><div><i>(11%)</i></div><div>NOZECO (20cl)4.95</div><div><i>France</i></div><div>Alcohol Free Prosecco</div><div>NOZECO ROSÉ (20cl)4.95</div><div><i>France</i></div><div>Alcohol Free Prosecco</div></div>