



LUNCH

THE BARN

www.thebarnstanway.co.uk

Served Monday - Saturday

12pm - 3pm

All our food is freshly made in our kitchen with locally sourced, seasonal ingredients.

(Please be aware we are a cashless business - Payment via contactless or card, Thank you)

CAFÉ CLASSICS	DELI
<p>THE BARN BURGER  16.95</p> <p><i>Beef Burger, Confit Onions, Bacon Jam, Applewood Cheese, Fennel Slaw, Chips</i></p>	<p>OPEN CLUB SANDWICH  11.50</p> <p><i>Farmhouse Sourdough, Streaky Bacon, Chicken, Cos Lettuce, Tomato, Soft Boiled Egg, Mayonnaise, Bacon Jam</i></p>
<p>THE VEGGIE BARN BURGER   15.50</p> <p><i>Halloumi, Avocado, Confit Onions, Fennel Slaw, Chips</i></p>	<p>"OPEN PHILLY STEAK" SANDWICH  11.50</p> <p><i>Griddled Sirloin Steak, Confit Onions, Philadelphia, Farmhouse Sourdough</i></p>
<p>BEER BATTERED FISH & CHIPS  16.50</p> <p><i>Beer Battered Haddock, Chips, Mushy Peas, Tartare, Lemon</i></p>	<p>FISH GOUJON SANDWICH 10.50</p> <p><i>Haddock Goujons, Sweet Chilli Mayo</i></p>
<p>HAM, EGG & POTATO TERRINE  12.95</p> <p><i>Home Cooked Ham, Eggs and Potato Terrine</i></p>	<p>TOMATO & MOZZARELLA PANINI   10.50</p> <p><i>Sun Blushed Tomato, Basil and Buffalo Mozzarella</i></p>
<p>BUDDHA BOWL    13.50</p> <p><i>Roasted Butternut Squash, Quinoa, Red Onion, Cauliflower Cous Cous, Grated Tomato, Avocado, Olive Oil, Chives, Pumpkin Seeds</i></p> <p><i>add Buffalo Mozzarella £2.50 Grilled Chicken £3.00</i></p> <p><i>Hot Smoked Salmon £3.00</i></p>	<p>HAM & MOZZARELLA PANINI  10.50</p> <p><i>Home Cooked Ham and Buffalo Mozzarella</i></p>
<p>TOASTED PITTA AND HUMMUS    8.95</p> <p><i>Toasted Pitta, Hummus, Pickled and Raw Radishes, Peashoots, Green Oil</i></p>	<p>SMOKED SALMON SANDWICH  10.50</p> <p><i>Smoked Salmon, Cucumber, Dill and Lemon Crème Fraiche</i></p>
<p>CHIPS 3.95</p> <p><i>Bowl of Thick Cut Chips</i></p>	<p>ROAST CHICKEN, RED PEPPER PESTO SANDWICH  10.50</p> <p><i>Roast Chicken, Red Pepper Pesto, Rocket</i></p>
<p> Gluten free option available on request  Vegetarian  Vegan</p>	<p>AVOCADO, RED PEPPER PESTO SANDWICH    9.95</p> <p><i>Avocado, Red Pepper Pesto, Rocket</i></p>
	<p>PLOUGHMANS PLATTER 11.50</p> <p><i>Home Cooked Ham, Cheddar, Grapes, Cornichons, Balsamic Onions, Bread and Butter</i></p>

DESSERTS

<p>SEASONAL CRUMBLE 6.50</p> <p><i>Seasonal Crumble, Custard, Cream or Ice Cream (please ask server for flavour)</i></p>	<p>LEMON CHEESECAKE 6.50</p> <p><i>Lemon Cheesecake, Fresh Berries, Berry Compote.</i></p>
<p>CHOCOLATE PAVLOVA 6.50</p> <p><i>Chocolate Pavlova, Cherry, Chantilly</i></p>	<p>CHEESE 7.95</p> <p><i>Four cheeses, Crackers, Celery, Grapes, Chutney</i></p>

Please make your server aware of any allergies or dietary requirements when placing your order. Whilst every effort is made to remove specified allergen ingredients from within our dishes, we do operate a busy, open kitchen environment and therefore we cannot guarantee that all risk of cross-contamination has been removed.





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Served Daily

DRINKS

COFFEE <i>(Decaf Available)</i>	SOFT DRINKS	COCKTAILS/MOCKTAILS
FLAT WHITE 3.50 LATTE 3.50 CAPPUCCINO 3.50 AMERICANO 3.20 MOCHA 3.95 ICED COFFEE 3.55 ESPRESSO 2.25 MONIN SYRUP 0.60 <i>Vanilla, Caramel, Pumpkin Spice, Gingerbread or Hazelnut</i> MILK ALTERNATIVES 0.50 <i>Oat, Coconut, Soya</i>	PUNCHY 3.25 <i>Blood Orange, Bitters & Cardamon or Cucumber, Yuzu & Rosemary</i> Lightly sparkling soft drinks, all-natural ingredients and a splash of Vitamin D - to help you catch the sun all year round! DASH WATER 3.25 <i>Raspberry, Lime or Mango</i> British sparkling water infused with real, wonky fruit! A natural lift without the sugar, fake flavours or calories. (plus, by accepting the misfit fruit Dash Water help to fight food waste!) BRECKLAND POSH POPS 3.20 <i>Elderflower, Cloudy Lemonade, Plum & Cherry or Ginger with Chilli</i> BARN FARM FRUIT JUICES 3.00 <i>Opal Apple, Strawberry & Apple Orange, Blackberry & Apple</i> Local high-quality, farm-pressed fruit juices from Manningtree! COCA COLA 3.00 <i>Coca Cola, Diet Coke, Coke Zero</i> STILL SPARKLING WATER 2.75	BLOOD ORANGE PUNCH 7.95 <i>Vodka, Cointreau, Orange & Blood Orange Juice (9.3% abv)</i> APPLE & GINGER MOJITO 4.95 <i>Apple Juice, Ginger Beer, Lime, Mint</i>
TEA <i>(Brew Tea Co and Teapigs)</i>	ALE, LAGER, CYDER	WINE
ENGLISH BREAKFAST 3.00 CHAMOMILE TEA 3.00 EARL GREY TEA 3.00 GREEN TEA 3.00 PEPPERMINT TEA 3.00 LEMON & GINGER TEA 3.00 APPLE & CINNAMON TEA 3.00 DECAFFEINATED TEA 3.00	SUFFOLK COUNTY CHESTNUT ALE 5.95 <i>(500ml 4%)</i> STOUR VALLEY GOLDEN ALE 5.95 <i>(500ml 4.2%)</i> NETHERGATE CRAFT LAGER 4.95 <i>(330ml 4.5%)</i> BECK'S LAGER 4.95 <i>(275ml 4%)</i> ALCOHOL FREE BECK'S BLUE 4.95 <i>(275ml 0.5%)</i> ASPELL DRAUGHT CYDER 5.95 <i>(500ml 5.5%)</i>	PINOT GRIGIO 5.95 <i>Italy (18.7cl 12.5%)</i> CHARDONNAY 5.95 <i>Australia (18.7cl 13%)</i> SAUVIGNON BLANC 5.95 <i>Chile (18.7cl 13%)</i> PINOT ROSÉ 5.95 <i>Italy (18.7cl 12.5%)</i> MERLOT 5.95 <i>Chile (18.7cl 13%)</i> SHIRAZ 5.95 <i>Australia (18.7cl 13%)</i>
HOT CHOCOLATE		PROSECCO
HOT CHOCOLATE 3.95 ULTIMATE HOT CHOCOLATE 4.50 <i>with Whipped Cream, Chocolate Sprinkles and Marshmallows</i>		PROSECCO (20cl) 7.95 <i>Italy (75cl) 25.95 (11%)</i> PROSECCO ROSÉ (20cl) 7.95 <i>Italy (75cl) 25.95 (11%)</i> NOZECO (20cl) 4.95 <i>France Alcohol Free Prosecco</i> NOZECO ROSÉ (20cl) 4.95 <i>France Alcohol Free Prosecco</i>

