



SUNDAY LUNCH

THE BARN

www.thebarnstanway.co.uk

Served Sunday

12pm - 3pm

All our food is freshly made in our kitchen with locally sourced, seasonal ingredients.

(Please be aware we are a cashless business - Payment via contactless or card, Thank you)

ROASTS

ROAST SIRLOIN OF BEEF GFO 18.95

Roasties, Yorkshire Pudding, Honey Glazed Root Vegetables and Greens, Gravy

ROAST PORK BELLY GFO 17.95

Roasties, Yorkshire Pudding, Honey Glazed Root Vegetables and Greens, Apple Sauce, Crackling, Gravy

VEGETARIAN NUT ROAST GFO V 16.95

Roasties, Yorkshire Pudding, Honey Glazed Root Vegetables and Greens, Vegetarian Gravy

CAULIFLOWER CHEESE V 2.95

Side of Cauliflower Cheese

CAFÉ CLASSICS

BUDDHA BOWL GFO Ve V 13.50

Roasted Butternut Squash, Quinoa, Red Onion, Cauliflower Cous Cous, Grated Tomato, Avocado, Olive Oil, Chives, Pumpkin Seeds

add Buffalo Mozzarella £2.50 | Grilled Chicken £3.00

Hot Smoked Salmon £3.00

CHIPS 3.95

Bowl of Thick Cut Chips

GFO Gluten free option available on request V Vegetarian Ve Vegan

DELI

OPEN CLUB SANDWICH GFO 11.50

Farmhouse Sourdough, Streaky Bacon, Chicken, Cos Lettuce, Tomato, Soft Boiled Egg, Mayonnaise, Bacon Jam

"OPEN PHILLY STEAK" SANDWICH GFO 11.50

Griddled Sirloin Steak, Confit Onions, Philadelphia, Farmhouse Sourdough

FISH GOUJON SANDWICH 10.50

Haddock Goujons, Sweet Chilli Mayo

TOMATO & MOZZARELLA PANINI GFO V 10.50

Sun Blushed Tomato and Buffalo Mozzarella

HAM & MOZZARELLA PANINI GFO 10.50

Home Cooked Ham and Buffalo Mozzarella

SMOKED SALMON SANDWICH GFO 10.50

Smoked Salmon, Cucumber, Dill and Lemon Crème Fraiche

ROAST CHICKEN, RED PEPPER GFO 10.50

PESTO SANDWICH

Roast Chicken, Red Pepper Pesto, Rocket

AVOCADO, RED PEPPER GFO Ve V 9.95

PESTO SANDWICH

Avocado, Red Pepper Pesto, Rocket

PLOUGHMANS PLATTER 11.50

Home Cooked Ham, Cheddar, Grapes, Cornichons, Balsamic Onions, Bread and Butter

DESSERTS

SEASONAL CRUMBLE 6.50

Seasonal Crumble, Custard, Cream or Ice Cream (please ask server for flavour)

CHOCOLATE PAVLOVA 6.50

Chocolate Pavlova, Cherry, Chantilly

LEMON CHEESECAKE 6.50

Lemon Cheesecake, Fresh Berries, Berry Compote.

CHEESE

Four cheeses, Crackers, Celery, Grapes, Chutney 7.95

Please make your server aware of any allergies or dietary requirements when placing your order. Whilst every effort is made to remove specified allergen ingredients from within our dishes, we do operate a busy, open kitchen environment and therefore we cannot guarantee that all risk of cross-contamination has been removed.





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Served Daily

DRINKS

COFFEE <i>(Decaf Available)</i>	SOFT DRINKS	COCKTAILS/MOCKTAILS
FLAT WHITE 3.50 LATTE 3.50 CAPPUCCINO 3.50 AMERICANO 3.20 MOCHA 3.95 ICED COFFEE 3.55 ESPRESSO 2.25 MONIN SYRUP 0.60 <i>Vanilla, Caramel, Pumpkin Spice, Gingerbread or Hazelnut</i> MILK ALTERNATIVES 0.50 <i>Oat, Coconut, Soya</i>	PUNCHY 3.25 <i>Blood Orange, Bitters & Cardamon or Cucumber, Yuzu & Rosemary</i> Lightly sparkling soft drinks, all-natural ingredients and a splash of Vitamin D - to help you catch the sun all year round! DASH WATER 3.25 <i>Raspberry, Lime or Mango</i> British sparkling water infused with real, wonky fruit! A natural lift without the sugar, fake flavours or calories. (plus, by accepting the misfit fruit Dash Water help to fight food waste!) BRECKLAND POSH POPS 3.20 <i>Elderflower, Cloudy Lemonade, Plum & Cherry or Ginger with Chilli</i> BARN FARM FRUIT JUICES 3.00 <i>Opal Apple, Strawberry & Apple Orange, Blackberry & Apple</i> Local high-quality, farm-pressed fruit juices from Manningtree! COCA COLA 3.00 <i>Coca Cola, Diet Coke, Coke Zero</i> STILL SPARKLING WATER 2.75	BLOOD ORANGE PUNCH 7.95 <i>Vodka, Cointreau, Orange & Blood Orange Juice (9.3% abv)</i> APPLE & GINGER MOJITO 4.95 <i>Apple Juice, Ginger Beer, Lime, Mint</i>
TEA <i>(Brew Tea Co and Teapigs)</i> ENGLISH BREAKFAST 3.00 CHAMOMILE TEA 3.00 EARL GREY TEA 3.00 GREEN TEA 3.00 PEPPERMINT TEA 3.00 LEMON & GINGER TEA 3.00 APPLE & CINNAMON TEA 3.00 DECAFFEINATED TEA 3.00	ALE, LAGER, CYDER SUFFOLK COUNTY CHESTNUT ALE 5.95 <i>(500ml 4%)</i> STOUR VALLEY GOLDEN ALE 5.95 <i>(500ml 4.2%)</i> NETHERGATE CRAFT LAGER 4.95 <i>(330ml 4.5%)</i> BECK'S LAGER 4.95 <i>(275ml 4%)</i> ALCOHOL FREE BECK'S BLUE 4.95 <i>(275ml 0.5%)</i> ASPELL DRAUGHT CYDER 5.95 <i>(500ml 5.5%)</i>	WINE PINOT GRIGIO 5.95 <i>Italy (18.7cl 12.5%)</i> CHARDONNAY 5.95 <i>Australia (18.7cl 13%)</i> SAUVIGNON BLANC 5.95 <i>Chile (18.7cl 13%)</i> PINOT ROSÉ 5.95 <i>Italy (18.7cl 12.5%)</i> MERLOT 5.95 <i>Chile (18.7cl 13%)</i> SHIRAZ 5.95 <i>Australia (18.7cl 13%)</i>
HOT CHOCOLATE HOT CHOCOLATE 3.95 ULTIMATE HOT CHOCOLATE 4.50 <i>with Whipped Cream, Chocolate Sprinkles and Marshmallows</i>		PROSECCO PROSECCO (20cl) 7.95 <i>Italy (11%) (75cl) 25.95</i> PROSECCO ROSÉ (20cl) 7.95 <i>Italy (11%) (75cl) 25.95</i> NOZECO (20cl) 4.95 <i>France Alcohol Free Prosecco</i> NOZECO ROSÉ (20cl) 4.95 <i>France Alcohol Free Prosecco</i>

