



LUNCH

THE BARN

www.thebarnstanway.co.uk

Served Monday - Saturday

12pm - 3pm

All our food is freshly made in our kitchen with locally sourced, seasonal ingredients.

(Please be aware we are a cashless business - Payment via contactless or card, Thank you)

CAFÉ CLASSICS

THE BARN BURGER  **16.95**
Beef Burger, Confit Onions, Bacon Jam, Emmental Cheese, Lettuce, Tomato, Chips

THE VEGGIE BARN BURGER   **15.50**
Halloumi, Avocado, Confit Onions, Lettuce, Tomato, Chips

BEER BATTERED FISH & CHIPS  **16.50**
Beer Battered Haddock, Chips, Garden Peas, Lemon

HAM, EGG, & CHIPS  **12.95**
Home Cooked Ham, Fried Eggs, Thick Cut Chips

BUDDHA BOWL    **13.50**
Roasted Butternut Squash, Quinoa, Red Onion, Cauliflower Cous Cous, Grated Tomato, Avocado, Olive Oil, Chives, Edamame Beans, Pumpkin Seeds
add Buffalo Mozzarella £2.50 | Grilled Chicken £3.00
Hot Smoked Salmon £3.00

TOASTED PITTA AND HUMMUS    **8.95**
Toasted Pitta, Hummus, Pickled and Raw Radishes, Peasboots, Green Oil

CHIPS  **3.95**
Bowl of Thick Cut Chips

 Gluten free option available on request  Vegetarian  Vegan

DELI

OPEN CLUB SANDWICH  **11.50**
Farmhouse Sourdough, Streaky Bacon, Chicken, Cos Lettuce, Tomato, Soft Boiled Egg, Mayonnaise

“OPEN PHILLY STEAK” SANDWICH  **11.50**
Griddled Sirloin Steak, Confit Onions, Philadelphia, Farmhouse Sourdough

FISH GOUJON SANDWICH **10.50**
Haddock Goujons, Sweet Chilli Mayo

BRIE & RED ONION MARMALADE PANINI   **10.50**
Brie, Rocket, Red Onion Marmalade

HAM & MOZZARELLA PANINI  **10.50**
Home Cooked Ham, Mozzarella, Sun Dried Tomato and Basil

SMOKED SALMON SANDWICH  **10.50**
Smoked Salmon, Cucumber, Dill and Lemon Crème Fraiche

ROAST CHICKEN, RED PEPPER PESTO SANDWICH  **10.50**
Roast Chicken, Red Pepper Pesto, Rocket

“OPEN AVOCADO, RED PEPPER PESTO” SANDWICH    **9.95**
Avocado, Red Pepper Pesto, Rocket, Farmhouse Sourdough

PLOUGHMANS PLATTER **11.50**
Home Cooked Ham, Cheddar, Grapes, Cornichons, Balsamic Onions, Bread and Butter

DESSERTS

CHEESECAKE **6.50**
Passion Fruit Cheesecake, Topped with Lime Jelly

PAVLOVA **6.50**
Mixed Berries, Chantilly Cream

SEASONAL CRUMBLE **6.50**
Custard, Cream or Ice Cream
(please ask server for flavour)

Please make your server aware of any allergies or dietary requirements when placing your order. Whilst every effort is made to remove specified allergen ingredients from within our dishes, we do operate a busy, open kitchen environment and therefore we cannot guarantee that all risk of cross-contamination has been removed.





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Served Daily

DRINKS

COFFEE <i>(Decaf Available)</i>	SOFT DRINKS	COCKTAILS/MOCKTAILS
FLAT WHITE 3.50 LATTE 3.50 CAPPUCCINO 3.50 AMERICANO 3.20 MOCHA 3.95 ICED COFFEE 3.55 ESPRESSO 2.25 MONIN SYRUP 0.60 <i>Vanilla, Caramel, Pumpkin Spice, Gingerbread or Hazelnut</i> MILK ALTERNATIVES 0.50 <i>Oat, Coconut, Soya</i>	PUNCHY 3.25 <i>Blood Orange, Bitters & Cardamon or Cucumber, Yuzu & Rosemary</i> Lightly sparkling soft drinks, all-natural ingredients and a splash of Vitamin D - to help you catch the sun all year round! DASH WATER 3.25 <i>Raspberry, Lime or Mango</i> British sparkling water infused with real, wonky fruit! A natural lift without the sugar, fake flavours or calories. (plus, by accepting the misfit fruit Dash Water help to fight food waste!) BRECKLAND POSH POPS 3.20 <i>Elderflower, Cloudy Lemonade, Plum & Cherry or Ginger with Chilli</i> BARN FARM FRUIT JUICES 3.00 <i>Opal Apple, Strawberry & Apple Orange, Blackberry & Apple</i> Local high-quality, farm-pressed fruit juices from Manningtree! COCA COLA 3.00 <i>Coca Cola, Diet Coke, Coke Zero</i> STILL SPARKLING WATER 2.75	BLOOD ORANGE PUNCH 7.95 <i>Vodka, Cointreau, Orange & Blood Orange Juice (9.3% abv)</i> APPLE & GINGER MOJITO 4.95 <i>Apple Juice, Ginger Beer, Lime, Mint</i>
TEA <i>(Brew Tea Co and Teapigs)</i> ENGLISH BREAKFAST 3.00 CHAMOMILE TEA 3.00 EARL GREY TEA 3.00 GREEN TEA 3.00 PEPPERMINT TEA 3.00 LEMON & GINGER TEA 3.00 APPLE & BLACKBERRY TEA 3.00 SUPER BERRY TEA 3.00 DECAFFEINATED TEA 3.00	ALE, LAGER, CYDER SUFFOLK COUNTY CHESTNUT ALE 5.95 <i>(500ml 4%)</i> STOUR VALLEY GOLDEN ALE 5.95 <i>(500ml 4.2%)</i> NETHERGATE CRAFT LAGER 4.95 <i>(330ml 4.5%)</i> BECKS LAGER 4.95 <i>(275ml 4%)</i> ALCOHOL FREE BECK'S BLUE 4.95 <i>(275ml 0.5%)</i> ASPELL DRAUGHT CYDER 5.95 <i>(500ml 5.5%)</i>	WINE PINOT GRIGIO 5.95 <i>Italy (18.7cl 12.5%)</i> CHARDONNAY 5.95 <i>Australia (18.7cl 13%)</i> SAUVIGNON BLANC 5.95 <i>Chile (18.7cl 13%)</i> PINOT ROSÉ 5.95 <i>Italy (18.7cl 12.5%)</i> MERLOT 5.95 <i>Chile (18.7cl 13%)</i> SHIRAZ 5.95 <i>Australia (18.7cl 13%)</i>
HOT CHOCOLATE HOT CHOCOLATE 3.95 ULTIMATE HOT CHOCOLATE 4.50 <i>with Whipped Cream, Chocolate Sprinkles and Marshmallows</i>		PROSECCO PROSECCO (20cl) 7.95 <i>Italy (11%) (75cl) 25.95</i> PROSECCO ROSÉ (20cl) 7.95 <i>Italy (11%) (75cl) 25.95</i> NOZECO (20cl) 4.95 <i>France Alcohol Free Prosecco</i> NOZECO ROSÉ (20cl) 4.95 <i>France Alcohol Free Prosecco</i>

