



THE BARN

www.thebarnstanway.co.uk

Served Sunday

12pm - 3pm

# SUNDAY LUNCH

All our food is freshly made in our kitchen with locally sourced, seasonal ingredients.

(Please be aware we are a cashless business - Payment via contactless or card, Thank you)

## ROASTS

### ROAST SIRLOIN OF BEEF GFO

Roasties, Yorkshire Pudding, Honey Glazed Root Vegetables and Greens, Gravy

19.95

### ROAST PORK GFO

Roasties, Yorkshire Pudding, Honey Glazed Root Vegetables and Greens, Apple Sauce, Crackling, Gravy

18.95

### VEGETARIAN SUNDAY LUNCH V

Please see our Specials Menu for today's option

16.95

### CAULIFLOWER CHEESE V

Side of Cauliflower Cheese

3.95

## CAFÉ CLASSICS

### BEER BATTERED FISH & CHIPS GFO 16.50

Beer Battered Haddock, Chips, Garden Peas, Lemon

### BUDDHA BOWL GFO Ve V 14.00

Rice with Red Onion, Chives, Radicchio, Lime Zest, Pomegranate, Cajun Chickpeas, Red Cabbage, Avocado, Cauliflower Couscous, Lemon and Coriander Dressing

add Buffalo Mozzarella £3.00 | Grilled Chicken £3.00

Hot Smoked Salmon £3.00

### CHIPS GFO 4.50

Bowl of Thick Cut Chips

## DELI

### NICOISE SALAD GFO 13.50

Hot Smoked Salmon, Green Beans, New Potatoes, Olives, Cherry Tomatoes, Soft Boiled Egg, Crispy Onions

### FISH GOUJON SANDWICH 10.50

Haddock Goujons, Sweet Chilli Mayo

### BBQ PULLED PORK & CHEDDAR 11.95

### CHEESE CIABATTA GFO

Asian Slaw (Sweetheart Lettuce, Carrots, Spring Onions, Corriander and Chives)

### ROASTED CHICKEN WRAP 10.50

Avocado Mousse, Rocket, Red Onion

GFO Gluten free option available on request V Vegetarian Ve Vegan

Please make your server aware of any allergies or dietary requirements when placing your order.

Whilst every effort is made to remove specified allergen ingredients from within our dishes,

we do operate a busy, open kitchen environment and therefore we cannot guarantee

that all risk of cross-contamination has been removed.



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Served Daily

## DRINKS

COFFEE <i>(Decaf Available)</i>	SOFT DRINKS	WINE
<b>FLAT WHITE</b> 3.65 <b>LATTE</b> 3.65 <b>CHAI LATTE</b> 3.65 <b>CAPPUCCINO</b> 3.65 <b>AMERICANO</b> 3.50 <b>MOCHA</b> 3.95 <b>ICED COFFEE</b> 3.75 <b>ESPRESSO</b> 2.75 <b>MONIN SYRUP</b> 0.60 <i>Vanilla, Caramel, Pumpkin Spice, Gingerbread or Hazelnut</i> <b>MILK ALTERNATIVES</b> 0.50 <i>Oat, Coconut, Soya</i>	<b>PUNCHY</b> 3.50 <i>Blood Orange, Bitters &amp; Cardamon or Cucumber, Yuzu &amp; Rosemary</i> Lightly sparkling soft drinks, all-natural ingredients and a splash of Vitamin D - to help you catch the sun all year round! <b>DASH WATER</b> 3.50 <i>Raspberry, Lime or Peach</i> British sparkling water infused with real, wonky fruit! A natural lift without the sugar, fake flavours or calories. (plus, by accepting the misfit fruit Dash Water help to fight food waste!) <b>BRECKLAND POSH POPS</b> 3.50 <i>Elderflower, Cloudy Lemonade, Plum &amp; Cherry or Ginger with Chilli</i> <b>BARN FARM FRUIT JUICES</b> 3.25 <i>Opal Apple, Strawberry &amp; Apple Orange, Blackberry &amp; Apple</i> Local high-quality, farm-pressed fruit juices from Manningtree!	<b>PINOT GRIGIO</b> 6.95 <i>Italy (18.7cl 12.5%)</i> <b>CHARDONNAY</b> 6.95 <i>Australia (18.7cl 13%)</i> <b>SAUVIGNON BLANC</b> 6.95 <i>Chile (18.7cl 13%)</i> <b>PINOT ROSÉ</b> 6.95 <i>Italy (18.7cl 12.5%)</i> <b>MERLOT</b> 6.95 <i>Chile (18.7cl 13%)</i> <b>SHIRAZ</b> 6.95 <i>Australia (18.7cl 13%)</i>
		<b>COCKTAILS/MOCKTAILS</b>
		<i>Please see our Specials Menu for today's options</i>
<b>TEA</b>		<b>ALE, LAGER, CYDER</b>
<b>ENGLISH BREAKFAST</b> 3.25 <b>CHAMOMILE TEA</b> 3.25 <b>EARL GREY TEA</b> 3.25 <b>GREEN TEA</b> 3.25 <b>PEPPERMINT TEA</b> 3.25 <b>LEMON &amp; GINGER TEA</b> 3.25 <b>CHAI TEA</b> 3.25 <b>SUPER BERRY TEA</b> 3.25 <b>DECAFFEINATED TEA</b> 3.25	<b>COCA COLA</b> 3.50 <b>DIET COKE, COKE ZERO</b> 3.30 <b>TONIC WATER</b> 3.25 <b>STILL   SPARKLING WATER</b> 2.75	<b>SUFFOLK COUNTY CHESTNUT ALE</b> 5.95 <i>(500ml 4%)</i> <b>STOUR VALLEY GOLDEN ALE</b> 5.95 <i>(500ml 4.2%)</i> <b>NETHERGATE CRAFT LAGER</b> 4.95 <i>(330ml 4.5%)</i> <b>PERONI NASTRO AZZURRO</b> 4.95 <i>(330ml 5%)</i> <b>PERONI NASTRO AZZURRO</b> 4.95 <i>(330ml 5.1%)</i> <b>GFO</b> <b>ALCOHOL FREE PERONI NASTRO AZZURRO</b> 4.50 <i>(330ml 0.0%)</i> <b>ASPELL DRAUGHT CYDER</b> 5.95 <i>(500ml 5.5%)</i>
<b>HOT CHOCOLATE</b>	<b>PROSECCO</b>	
<b>HOT CHOCOLATE</b> 3.95 <b>ULTIMATE HOT CHOCOLATE</b> 4.50 <i>with Whipped Cream, Chocolate Sprinkles and Marshmallows</i>	<b>PROSECCO (20cl)</b> 7.95 <i>Italy (11%) (75cl) 25.95</i> <b>PROSECCO ROSÉ (20cl)</b> 7.95 <i>Italy (11%) (75cl) 25.95</i> <b>NOZECO (20cl)</b> 4.95 <i>France Alcohol Free Prosecco</i> <b>NOZECO ROSÉ (20cl)</b> 4.95 <i>France Alcohol Free Prosecco</i>	

